**Gratitude Scavenger Hunt for Children (Part 1)**

1. Find something outside you enjoy looking at.
2. Find something that is useful for you.
3. Find something that is your favourite colour.
4. Find something that you know someone else will enjoy!
5. Find something that makes you happy.
6. Find something that tastes good.
7. Find something that smells amazing.
8. Discover something new.
9. Find something that makes you feel safe.
10. Find something that makes a great sound.